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Orkney Disability Forum & Dial-a-Bus SOCIAL ACTIVITIES Tuesday Club



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SOCIAL ACTIVITIES CLUBS:

Orkney Disability Forum runs a social activities club for our young members. The primary aim of this club is to assist individuals in developing their social skills, and building self-confidence and self-reliance.

THE TUESDAY CLUB is a social activities club for disabled young adults. The club meets weekly at Orkney's new Youth Café, and provides a safe environment for members to meet friends and take part in a wide range of activities including arts & crafts, board games, interactive computer games, baking/cooking, drama, and sports.

Club members also enjoy going on various outings throughout the year.

The club encourages members to participate in a wide range of inclusive and interactive activities such as arts & crafts, games, baking and sports. We also organise occasional trips and outings.

TRANSPORT TO EVENTS:

We also provide dedicated buses for our members to attend community events such as coffee mornings, concerts, shows and festivals. We hope that this will encourage more of our members to take advantage of the wide and varied calendar of events available in Orkney.

BUS TOURS:

In addition to our transport services, Dial-a-Bus also organises a number of 'Bus Tours' throughout the year. Many of our members have limited social opportunities, so these trips are important in offering the chance to enjoy a day out with friends, and to visit different places and experience new things.

For further information on any of our Social Activities please contact on 870340, or email: lori@odforkney.com

You can also visit our website at
www.orkneycommunities.co.uk/odf